## CLINICAL MENTAL HEALTH COUNSELING PROGRAM UNIVERSITY OF SCRANTON

## **PROGRAM OBJECTIVES**

The primary objective of the Clinical Mental Health Counseling Program is to prepare professionals for direct entry into and/or advancement in counseling and counseling-related positions in private and public human service organizations and systems. The program is designed to: (a) enhance knowledge of counseling concepts and practices; (b) provide individuals with the knowledge and skills necessary to function effectively as professional counselors; (c) prepare individuals for certification/licensure in counseling; and (d) enhance individuals' employability in entry-level or advanced clinical positions in human service settings. The program offers a learning environment in which the student acquires the academic competencies of the profession, refines them through practical experience, and increases self-understanding, self-confidence, and personal effectiveness.

By the completion of their program of study, CMHC students will demonstrate:

1.

## PROGRAM LEARNING OUTCOMES (PLOs)

Our three graduate counseling programs (Clinical Mental Health Counseling, Rehabilitation Counseling, and School Counseling) are guided by curricular experiences designed towards student achievement of the four common Program Learning Outcomes (PLOs). Our Clinical Mental Health Counseling program has one additional learning outcome. The CMHC PLOs are listed below:

- 1. Demonstrate master's level professional counseling dispositions
- 2. Demonstrate master's level theoretical knowledge and competencies in all core counseling domains
- 3. Demonstrate, apply, and evaluate master's level theoretical knowledge and competencies in clinical practice
- 4. Use of research and program evaluation to inform professional counseling practice
- 5. Program specific outcome:
  - Clinical Mental Health Counseling: Demonstrate knowledge pertaining to the provision of evidence-based clinical mental health counseling services that enhance the emotional, cognitive, behavioral, relational, and spiritual well-being of individuals, families, and groups seeking help with either everyday life concerns or significant challenges.