

Objectives



Introduction

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Definitions



Mind-Body Interventions (MBI)



Examples of Mind body interventions

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METHODS

Methods

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RESULTS

PRISMA



Results

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MBI types	Number of studies

MMAT Scores

P de-Ta d a K, Jace CS, Rai S, Ra da P, Be e-J h ER, H SD ¹		
Sa de R, La ge e H, S a e iz S, M e e EL, Ca J ²⁰		

RESULTS



	X		

Limitations

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Future Research

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Clinical Relevance

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Acknowledgements



References

Front Public Health.

References

Torture

Psychiatry Res

Brit J Psychiat.

References

